

Community Resources

Crisis Centers & Counseling Resources

Arizona Baptist Children and Family Services- Offers counseling services for all ages

Address: 1779 N. Alvernon Way, Tucson, AZ 85712

Phone: 800-678-0648

Website:<http://www.abcs.org/our-ministries/counseling>

Arizona Family Therapy Clinic- Offers family counseling services

Address: 1661 N. Swan Road #244, Tucson, AZ 85712

Phone: 520-327-5522

Website: <http://arizonafamilytherapy.com/>

Casa de los Niños - Crisis Shelter

Address: 1138 N. 5th Ave. Tucson, AZ 85705

Phone: (520) 624-5600 or (520) 396-1022

After Hours Phone: (520) 326-1365

Website: <http://www.casadelosninos.org/>

Catholic Social Services - Fees are based on income and family size. In-office sessions for individuals and families.

Address: 104 W Speedway Ste 130, Tucson, AZ 85705

Phone: 520-623-0344 ext. 1004.

Website: <https://www.ccs-soaz.org/>

CODAC Behavioral Health Services, Inc. - Provide a full continuum of professional care to adults and teens (ages 12+) who want help for behavioral health issues including

- Substance abuse
- Trauma
- Depression, anxiety, anger, relationship troubles and other general mental health issues
- Schizophrenia, bipolar disorder, major depression and other serious mental illnesses and mood disorders.

Award-winning prevention programs help youth be healthy and resilient, parents be strong and loving, and communities be safe and stable.

Address: 1650 E. Ft. Lowell Road, Suite 202, Tucson, AZ 85719

Phone: (520) 327-4505

Website: <http://www.codac.org/>

Community Resources

COPE Community Services, Inc.- COPE provides best practice-based, integrated physical and mental healthcare to improve the health and wellbeing of each person and community.

Address: 82 S. Stone Avenue, Tucson, AZ 85701

Phone: (520)792-3293

Website: <http://www.copecommunityservices.org>

Community Partners, Inc.- Community Partners, Inc. feature short-term, solution-focused treatment and support, as well as services such as the following:

- Individual, couples, group and family therapy;
- DUI screening, education and treatment;
- Psychiatric services including medication management;
- Psychological testing;
- Support and rehabilitation services;
- Collaborative behavioral and primary health care; and
- Substance abuse treatment.

Community Partners, Inc. serve all ages, and their staff includes individuals who specialize in working with children. They also offer services tailored to active-duty military, veterans and their families.

Address: 5055 E. Broadway Blvd., Building A Suite 200, Tucson, AZ 85711

Phone: (520) 901- 4800

Email: cpcc@communitypartnersinc.org

Website: <http://www.communitypartnersinc.org/cpcc/clinic-information/>

Crisis Response Center - Professionally trained, experienced Crisis Specialists are ready to respond 24/7/365 to whatever crisis an individual is facing.

Address: 2802 E District St Tucson, AZ 85714

Phone: (520) 622-6000

Website: <https://www.bannerhealth.com/locations/tucson/banner-university-medicine-crisis-response-center>

Jewish Family & Child Services of Southern Arizona- Services offered to people of all faiths, age groups and all economic backgrounds, regardless of their ability to pay. Clients include children, teens, adults, families, couples and seniors in crisis, victims of trauma, and people with disabilities.

Address: 4301 E. 5th St, Tucson AZ 85711

Phone: 520-795-0300

Website: <https://jfcstucson.org/>

Community Resources

La Frontera Center - La Frontera Center provides a full array of services that include:

- Mental health
- Housing
- Family and children's services
- Employment
- Crisis intervention
- Community and cultural education

Address: 1101 East Broadway Boulevard #130 Tucson, AZ

Phone: (520) 882-8422 or (520) 884-9920

After Hours Phone: (520) 260-8454

Website: <http://lafronteraaz.org/>

MHC Healthcare

Address: 6524 East Carondelet Drive Tucson, AZ

Phone: (520) 290-1100

Crisis Line- (520) 682-1091

Website: <https://mhchealthcare.org/>

NAMI- National Alliance on Mental Illness- Helps those impacted by mental illness.

Some programs and services are free.

Address: 6122 E 22nd St, Tucson, AZ 85711

Phone: 520-622-5582

Website: www.namisa.org

Our Family Services- Provides housing, food, and counseling services

Address: 3830 E Bellevue St, Tucson, AZ 85716

Phone: (520) 323-1708

Website: <http://www.ourfamilyservices.org/>

Pantano Behavioral Health Services- Pantano Behavioral Health Services is one of five Comprehensive Services Providers responsible for ensuring that a variety of behavioral health services are provided to children and their families in Pima County.

Address: 5055 East Broadway Boulevard C104, Tucson, AZ 85711

Phone: (520) 623-9833

Website: <http://www.thecarecenters.com/show/Pantano-Behavioral-Health-Services-Inc-Tucson-AZ>

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Palo Verde Behavioral Health- Palo Verde Behavioral Health (PVBH) is a private psychiatric facility providing inpatient and intensive outpatient psychiatric services through treatment programs.

Address: 2695 N. Craycroft Road Tucson, Arizona 85712

Phone: (520) 322-2888 or 844-884-CARE (2273)

Website: <http://www.paloverdebh.com/>

Pathway Family Counseling Service - Faith based counseling services.

Address: 4621 N. 1st Ave Suite 7, Tucson, AZ 85718 or 5210 E. Pima St., Tucson, AZ 85712

Phone: 520-292-9750

Website: <https://pathwaystucson.com/>

Pima Counseling Services- Strive to assist the individual in finding their strengths and balancing them with their needs. Pima Counseling Services allows individuals to accept themselves in the world in which they live today, and coach them in preparing for the world they will greet tomorrow.

Address: 5267 E. 20th St., Tucson, AZ 87511

Phone: 520-461-0922

Website: <http://pimacounseling.com/>

Renewal Counseling Services- A non-profit, faith-based, counseling center dedicated to bringing health and healing to the community through the services of professional counselors.

Address: 7445 N. Oracle Rd. #155, Tucson, AZ 85704

Phone: 520-791-9974

Website: www.renewalcenters.net

Teen Lifeline- 24 hour crisis line with trained Peer Counselors

Phone: 800-248-8336

Website: <http://teenlifeline.org/>

Tucson Center for Counseling and Psychotherapy- Provide counseling and psychotherapy services.

Address: 2230 E Speedway Blvd., Tucson, AZ 85719

Phone: 520-318-4227

Website: www.tucsonccp.com

Tu Nidito Children & Family Services- Provides comfort, hope and support for children and families whose lives have been impacted by a serious medical condition or death.

Community Resources

Address: 3922 N Mountain Ave, Tucson, AZ 85719

Phone: (520) 322-9155

Website: <https://www.tunidito.org/>

Women's Counseling Network through YWCA- Services provided through therapists who volunteer their time.

Address: 525 N Bonita Ave., Tucson, AZ 85745

Phone: 520-884-7810

Website:<http://www.ywcatucson.org/site/c.eLYJiOZKqLcG/b.8581629/k.BF21/Home.htm>

University of Phoenix – Counseling Skills Center- Students of the university's mental health counseling program perform the services for clients, using their education to gain practical experience toward their careers in the field.

Address: 300 S Craycroft Rd ste 111, Tucson, AZ 85711

Phone: 520-881-6512

Website:<https://uacommentcancerconnections.org/content/university-phoenix-counseling-skills-center>

Disability Services Resources

Autism Society of Tucson- provide information and referral to many services and supports.

Address: 2600 North Wyatt Drive, Tucson, AZ 85712

Phone: 520.770.1541

Website: <http://www.as-az.org/>

Beacon Group- Provides employment opportunities to individuals with disabilities in and around Tucson.

Address: 308 W. Glenn St., Tucson, AZ 85705

Phone: 520-622-4874

Website: www.beacongroup.org

DES – DDD- Division of Developmental Disabilities – Most services to children and adults with developmental disabilities are delivered in the family's or person's own home as well as their community. Services are provided based on each person's identified needs, state and/or federal guidelines and, when applicable, the availability of funds.

Community Resources

Services are authorized and monitored by a support coordinator (case manager). The support coordinator promotes access to community resources and flexibility in meeting the person's needs. While some services are delivered directly by the State, most services are delivered through a large network of individual and agency contracted providers.

Address: 400 W Congress St. Suite 500, Tucson, AZ 85701

Phone: 520-745-5588

Website: <https://des.az.gov/services/disabilities/developmental-child-and-adult/welcome-developmental-disabilities>

Linkages- Employment assistance for disabled individuals

Address: 1651 W. Grant Road, Tucson, AZ 85705

Phone: 520-571- 8600

Website: www.linkagesarizona.org

Pilot Parents of Southern Arizona- Provides support for parents with children with disabilities.

Address: 2600 N Wyatt Dr, Tucson, AZ 85712

Phone: 520-324-3150

Website: <http://pilotparents.org/>

Food Banks & Shelters

Abounding Grace Church- Food Bank on Wednesdays, Thursdays, and Fridays 9:00 am – 11:30 am. Serves these zip codes: 85710, 85730, 85711. Need to show ID and utility bill for proof of residency.

Address: 2450 S. Kolb Rd, Tucson, AZ 85710

Phone: 520-747-3745

Website: <http://www.agtucson.com/about.html>

Community Food Bank- Provides food resources Tuesday through Saturday.

Address: 3003 S Country Club Tucson, AZ 85713

Phone: (520) 622-0525

Website: <http://www.communityfoodbank.org/>

Fountain of Life Lutheran Church- Has the Thrift Center that will assist the family with free shoes.

Address: 710 S. Kolb Road, Tucson, AZ 85710

Phone: 520- 747- 1213

Website: <http://follutheran.org/>

Community Resources

Gospel Rescue Mission- Along with offering shelter services, GRM also offers recovery programs for those trapped in the bondage of homelessness or in the endless downward spiral of drugs and other addictions.

Men's Center Information:

Address: 312 W. 28th St., Tucson, AZ 85713

Phone: 520-740- 1501 Ext. 7215

Women's/ Children's Center Information:

Address: 707 W. Miracle Mile Rd., Tucson, AZ 85705

Phone: (520)740-1501 Ext. 7101

Website: <https://www.grmtucson.com/>

Hope Fest- Occurs once a year. This year, it is on October 22, 2017 from 9:00 AM until 2:00 PM - free dental care, immunizations, hair cuts, and other items (depends on what is donated)

Address: Kino Stadium- 2500 S. Ajo Way, Tucson, AZ 85713

Website: <http://www.hopefest.com/what-we-do.html>

Interfaith Community Services- Provides food for those in need.

Address: 8701 E. Old Spanish Trail, Tucson, AZ 85710

Phone: 520-297-6049

Website: <https://www.icstucson.org/>

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Phone: (520) 882-8422 or (520) 884-9920

After Hours Phone: (520) 260-8454

Website: <http://lafronteraaz.org/>

Mobile Meals of Tucson- Provides meals for those who are disabled.

Address: 4803 E. 5th St. #209, Tucson, AZ 85711

Phone: 520-622-1600

Community Resources

Website: <https://www.mobilemealsoftucson.org/>

New Spirit Lutheran- Has food bank and ICS services. Food bank on Saturday mornings and some weekdays.

Address: 8701 E Old Spanish Trail, Tucson, AZ 85710

Phone: 520- 296- 2461

Website: <http://www.newspiritlutherantucson.org/>

Our Family Services- Provides housing, food, and counseling services

Address: 3830 E Bellevue St, Tucson, AZ 85716

Phone: (520) 323-1708

Website: <http://www.ourfamilyservices.org/>

Primavera Foundation- Provides shelter and temporary housing, along with resources to help families get back on their feet.

Address: 151 W. 40th St., Tucson, AZ 85713

Phone- 520-822-0539

Website: http://primavera.org/index_nonflash.html

St Vincent De Paul Society- Will donate a free outfit to each member of the family. They will need to visit a catholic church first to get a voucher.

Address: 5426 E. Pima St., Tucson, AZ 85712

Phone: 520-762-9644

Website: <http://www.svdpusa.org/>

The Salvation Army- Provides emergency services and Tucson social services.

Address: 1001 N. Richey Blvd., Tucson, AZ 85716

Phone: 520.795.9671

Website:http://www.salvationarmyusa.org/usn/plugins/gdosCenterSearch?query=85749&mode=query_1&limit=20